

## **BEACH VOLLEYBALL SUMMER**

### **Summary of League Rules & Format**

Summer League Start Date: Week of May 6

Summer League End Date: Week of Aug 21

#### **Mixed 6s Pool Set-up and Schedule**

- Mixed 6s consists of six teams per pool.
- One hour timeslots per pool, 4 games/team, 12-14 minutes each. No sit time between games.
- Mixed 6's teams will be grouped into 4 pools (A, B, C and D).
- The season will be divided into three segments, (Segment 1, 2 & 3).
- Teams will be randomly assigned to pools for the first segment and re-grouped in subsequent segments according to skill level or based on placement in the standings (refer to **Re-Grouping of Pools** below).
- The game schedule is available at [www.basl.ca/schedules.html](http://www.basl.ca/schedules.html) and shows which pools play at what times on each evening: Examples:
  - o Mondays & Tuesdays (7pm, 8pm, 9pm or 10pm)
  - o Wednesdays & Thursdays (7pm, 8pm, 9pm or 10pm)
  - o Sundays (11:00am or 12:30pm)
- Each pool will play in each time slot for 2 weeks and then rotate to the next time slot.
- Recreational & Pickup 6s will play from 6pm to 7pm each week on their respective nights and are not included in the pool rotation or season ending playoffs.

#### **Pool Rotation Example:**

	<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>
<b>7 pm</b>	Pool A	Pool A	Pool D	Pool D
<b>8 pm</b>	Pool B	Pool B	Pool A	Pool A
<b>9 pm</b>	Pool C	Pool C	Pool B	Pool B
<b>10 pm</b>	Pool D	Pool D	Pool C	Pool C

#### **Game Schedule**

- All teams play four games per night against different teams, 12-14 minutes each.
- Matches are evenly distributed using a Court Rotation process run by the on site convener.

#### **Scoring and Ranking**

- 3 points for each game won, 1 point for each game lost, 0 points for defaulted games
- All teams will be seeded based on the points they have accumulated
- Standings ties are broken by most wins

#### **Playoffs**

- All Mixed, Men's & Ladies 4's teams will proceed to the playoffs.
- Only the qualifying TOP 4 SEEDED Mixed 6s teams at the end of the season in each pool, (A, B, C & D) from each program, (Sunday, Monday, Tuesday, Wednesday & Thursday) will proceed to the playoffs. Recreational and Pickup 6s will not participate in the playoffs.
- Teams that forfeit three or more weeks of play will not qualify to participate in the playoffs.
- Playoff format will be a 2 round, double knock-out format. Only winners of round #1 advance.
- Playoff dates are identified on the regular season game schedule at the beginning of the season at [www.basl.ca/schedules.html](http://www.basl.ca/schedules.html).

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#### **Re-Grouping of Pools**

- At the start of the second and third segments, (see game schedule for pool change dates) teams are re-grouped into pools based on their relative skill level and ranking in the standings.
- Typically the top teams in each Pool will move up a level.
  - o The top 2 teams in Pool D will move up to Pool C
  - o The top 2 teams in Pool C will move up to Pool B
  - o The top 2 teams in Pool B will move up to Pool A
- Likewise, the bottom teams in each Pool will move down a level.
  - o The bottom 2 teams from Pool A will move down to Pool B
  - o The bottom 2 teams from Pool B will move down to Pool C
  - o The bottom 2 teams from Pool C will move down to Pool D
- All teams will start with zero points at the beginning of each new segment.
- This is to allow for greater competition in the new pools as all teams are starting equally to compete for the top spots in their pool.

#### **Referees**

- All games are self-refereed with an emphasis on fair play and sportsmanship.
- Standard volleyball rules apply: Exceptions Include:
  - o intentional foot contact is prohibited.
  - o open hand tipping is now disallowed.
- Team captains must determine and agree in advance of each game if there are any other exemptions they wish to introduce for their specific game.
- If there is disagreement about a call during a game, a re-serve shall be called.

#### **Basic Rules:**

- No intentional kicking of the ball. We don't want any broken noses
- Teams may borrow sideline players to avoid a forfeit ONLY IF these players are preregistered with B.A.S.L. and are participants on another registered team.
- Teams MAY NOT borrow players in the playoffs and must use only players on their roster.
- Teams may include as many players on their roster as they wish however all rosters will be closed effective May 31<sup>st</sup>. No further additions or changes will be accepted after this date.
- Avoid crossing the middle "line" to prevent twisted ankles (or worse).
- 5 serve maximum applies. After the 5<sup>th</sup> serve the team must rotate to the next server
- Service contact must be made with hand or arm (no other part of the body is legal)
- Service can be initiated anywhere behind the end line within the sidelines.
- A ball that hits the net on the serve and goes over is live and playable.
- Blocking a serve is prohibited.

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#### **Basic Rules (Continued):**

- No open hand tips allowed.
- A legal tip or soft shot must be made with:
  - o a closed hand fist (hard contact with the ball).
  - o knuckle or heel of the hand or the back of the hand.
- 4s Only - If the ball touches the block it DOES count as the 1st contact.
- The blocker has the right to play the 2nd contact.
- Any net touch is a fault.
- Blocking a ball across the net/penetrating is legal provided that the blocker doesn't interfere with the opponents attack or the opponent has completed all of their three hits.
- 4s Only - All players are considered front row participants and can spike or block at any time.

#### **Minimum Gender - 4's Sessions**

- Men's, Ladies and Mixed 4's teams may play with as few as two players when required to avoid a forfeit.
- A minimum of one of each gender must be on the courts at all times.
- When two or more of either gender are present, a minimum of two of that gender must be on the courts at all times. (Example: 3M & 2F present – 2 of each gender must play at all times).
- No rotation is required except when ensuring proper service rotation.

#### **Minimum Gender - 6's Sessions**

- Mixed 6's teams may play with as few as four players to avoid a forfeit.
- Mixed 6's teams require a minimum of 2 males AND 2 females on the courts at all times.

#### **Equipment**

- Four BASL game balls are provided for league play, (one per court plus one extra).
- If a ball goes over the fence, an individual from the team that hit it over must retrieve it after the game.
- The convener must be advised where the ball exited in order to receive a replacement to continue the game.
- Players are required to bring their own warm up balls to practice with.

#### **Inclement Weather**

- Play is temporarily suspended if thunder and lightning are present in the vicinity.
- Depending on the severity, the decision to cancel games may be made in advance by BASL or if a storm moves in during play, it may be made by the convener on site.
- On inclement weather days, weather updates can be acquired at [www.basl.ca](http://www.basl.ca) or by calling the BASL Weather Hotline at (905)637-6482 and selecting Option #3.

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#### **On Site Bar**

- The Wave Sports Centre's Top Shelf Restaurant is a full serve, LLBO Licensed facility.
- They will be serving both alcoholic and non-alcoholic beverages from the courtside cabana.
- They will also have a menu available with a selection of food options.
- As with any LLBO Licensed establishment, outside food, alcoholic beverages and pets are strictly prohibited at all times. Participants that violate these restrictions may be asked to leave the premises.